

North Lake Baptist Church Missionary Lessons

Theme: "How to Study the Bible."

First Week: "Building a Strong Evangelist Church." John 21: 15, 17
John is the fourth gospel, written by the Apostle John. This gospel falls between A.D. 85 and 90. The theme of this book is Christ, in His Deity (deity means, same power, glory and authority). John 10:30 says, "I and my Father are one."

Jesus was getting over to Apostle Peter the method of building a strong (strong means, powerful, able to last, durable) evangelist church. John 21: 15-17. The Master asked Peter, "Do you love me?" three times.

He said, "Feed my sheep," twice. Because a sheep has goat nature, we are hardheaded. We need powerful teaching, meat not milk.

A lamb is young. Jesus said lamb only once. A lamb is humble, gentle and innocent. Jesus was admonishing (warning) the leaders (ministers) to correct any fault, in the visible church, with His word. The word cannot fail.

Second Week: "Witness to One

Person." Acts 8:26

Acts is the new testament, history book, written by Dr. Luke. This book records the promised return of our Lord Jesus, the descent of the Holy Spirit at Pentecost, the beginning of new testament church, the conversion and ministry of Paul.

In Acts 8:26, an angel of the Lord (angels are "spirits of God's, spirit beings, created beings, and direct messengers of God) appeared and spoke to Philip, to go down from Jerusalem into Gaza. God has His business pre-fixed in His divine purpose.

Philip, rose and went. He met an Ethiopian man, Acts 8:35, Philip witnessed one on one to him. If we, as believers, can witness Christ to one person and they repent and be baptized, the angels in glory will rejoice.

Third Week: "Witnessing to the Masses." Luke 9:11

Dr. Luke is the writer of this book bearing his name. He is also called the "beloved physician." He was of the Jewish ancestry.

The key verse is Luke 19:10, "For

the Son of man is come to seek and to save that which was lost."

In those days, the Savior fed a mass crowd of five thousand with two fishes and five loaves. Only an omnipotent can perform this miracle.

The most important factor is to win souls and follow up to help them grow into Christians, spirit-filled maturity.

Fourth Week: "Developing Those Who Are Won." II Tim. 2:15

After becoming a new convert, teaching is the most important process.

Jesus instituted teaching in the Great Commission, Matt. 28:19, 20 (teach them).

Hosea 4:6 tells us, "My people are destroyed, for lack of knowledge."

Knowledge will back Satan off for a season. Much more often than the lack of wisdom and knowledge.

Paul said in II Tim. 2:15, "Study", (study means, to apply our mind to a certain subject, until we can comprehend.)

This lesson is strictly to God's leaders, for his people, so the word can keep us from drifting back into a world of sin.

When all other things are going to fail, remember, "God's word will stand forever."

Pastor Rev. J.H. James; General Teacher, Sis. Inola Johnson

RMC Auxiliary lists memorials, donations

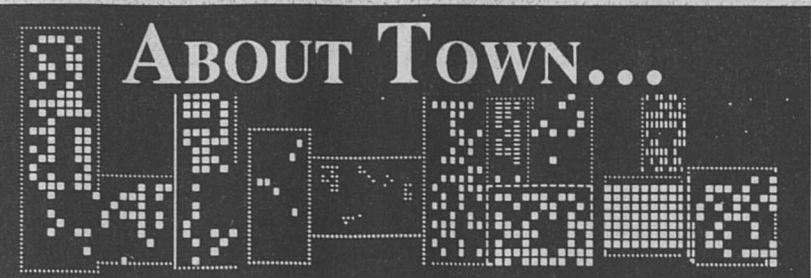
The Rice Medical Center Ladies Auxiliary announced the following memorials and donations from Jan. 1999 to June 15, 2000.

In memory of Rose Lang: Mr. & Mrs. Wm. H. Harrison, Mr. & Mrs. Carl Greene, Mrs. David Wintermann, Col. & Mrs. Lewis Epps, Mr. & Mrs. Joe Lee McCreary, donation: Carey Shuart; **in memory of Estrella Truly:** Dorothy Cassidy, Mr. & Mrs. Darrell Gertson, Carey C. Shuart; **in memory of Mr. & Mrs. E.C. Cassidy and Allen Dale Cassidy:** Lucille Ireland; **in memory of Agnes Jones:** Mr. & Mrs. Kenneth Mahalic; **in memory of Frances Struss:** Mr. & Mrs. Darrell Gertson; **in memory of J.W. Shavers:** Mr. & Mrs. Darrell Gertson, Robby & Mary Kay Cook; **in memory of Alfred Lundquist:** Letha Lundquist;

Also, in memory of Myrtle Vogelsang: Pink Ladies, Jean McInteer, Mrs. John Mahalic, Richard & Jeannie Sommerlatte, Ruben Braden; **in memory of Agnes Martin:** Letha Lundquist; **in memory of Susie Hearne:** Barbara Pidgeon, Bobbie Johnson; **in memory of Fred Isenhower:** Mr. & Mrs. O.W. Powers, Mr. & Mrs. J.N. Crane, Robby & Mary Kay Cook, Carey Shuart; **in memory of Raymond Waddell:** Dorothy Cassidy, Charlene Konesheck, Carey Shuart; **in memory of Wendell Ward:** Barbara Pidgeon; **in memory of Herbert Stern:** Vic Mascheck;

Also, in memory of Bill Lehrer: Carey Shuart, Mr. & Mrs. William H. Harrison; **in memory of Howard Wiese:** Dorothy Cassidy; **in memory of Frances Adkins:** Dorothy Cassidy; **in memory of Frank Bowen:** Barbara Pidgeon; **in memory of Lois Goode Glueck:** Mr. & Mrs. Charles Lee Spalinger, Mrs. Ruby Lee Reese, Barbara Pidgeon; **in memory of Lloyd Spalinger:** Mr. & Mrs. Mark Anderson, Dorothy Cassidy, Betty & Robert Wilcox, Jean McInteer, Betty Hoover, Dorothy Walker, Barbara Pidgeon, Mr. & Mrs. K.R. Szymanski, Mr. & Mrs. Victor Mascheck;

Also, in memory of Sidney Miller: Mr. & Mrs. A.A. Anderson; **in memory of Gene A. Paschall:** Mr. & Mrs. K.R. Szymanski; **in memory of Roger Rutledge:** Betty Wegenhoft, Dorothy Cassidy, Mr. & Mrs. Victor Mascheck; **in memory of Marion Burke:** Brenda & Wayne Corman, Frank & Marilyn Popp, Mark, Cynthia, Brett, Shelly and Kaylyn Boenisch, Mr. & Mrs. O.W. Powers, Carey Shuart, Dr. & Mrs. Russell Thomas; **in memory of Ed Hanly:** Dorothy Cassidy; **in memory of Gertrude Matecek:** Mr. & Mrs. W.L. Bauer; **donation in memory of Mr. & Mrs.**



•Southwest Texas State University announced that Carrie D. Engstrom of Garwood earned "Dean's List" recognition for excellent academic performance for the Spring 2000 semester. SWT students must complete 12 semester hours and earn a minimal GPA of 3.5 to be recognized for the "Dean's List".

•Jeremy William Weishuhn of Eagle Lake and Douglas Blake Wied

of Garwood earned a place on the President's Honor Roll for the Fall Quarter at Texas State Technical College in Waco. Weishuhn, son of Patsy Weishuhn and the late Bobby Weishuhn, is in the Diesel Mechanics program. Wied is a student in the Electric Systems Technology program and is the son of William and Jane Wied of Garwood.

The President's Honor Roll recognizes the scholastic achievement of students with a perfect GPA of 4.0.

•A letter was received in *The Headlight* office recently asking for assistance in locating an old classmate of Jerry Strickler's. Strickler is trying to get in touch with Mary K. "Boogie" Hanly. Mary, if you're out there, call our come by *The Headlight* and we'll pass along the information from Jerry.

TXI names Durbin vice president

Dallas-based TXI recently named William J. Durbin Vice President, Human Resources.

"Bill brings to TXI a wealth of human resource experience within the Industrial environment," said Robert D. Rogers, president and chief executive officer.

Durbin has over 30 years experience in the human resource field, coming to TXI from USI Bath & Plumbing Products, an international manufacturer with 11,000 employees and sales of \$1.5 billion, where he was Vice-President-Human Resources and Administration.

He received a Bachelor of Science degree from Pennsylvania State University in 1967.

Durbin and his wife, Joanne, have lived in Dallas since 1997.

TXI is the largest producer of cement in Texas and a major producer in Calif.

TXI is additionally the second largest producer and structural steel beams in North America.

The company is also a significant supplier of steel bar, aggregate and concrete products.

In addition, TXI is a leading North American recycling company.

TXI shares are traded on the New York Stock Exchange under the symbol "TXI."

Land Bank returns \$2.5 million to stockholders

Capital Farm Credit FLCA recently returned \$2.5 million in patronage to customers of the rural lending cooperative. This patronage refund reduced the average stockholder's billed interest rate by more than one-half percent.

This latest patronage distribution was paid in cash to qualifying members based on their net interest in 1999. The lending association's board of directors declared the patronage payment this spring based on the lending institution's strong 1999 earnings and overall financial strength.

"Capital Farm Credit has a strong history of paying dividends and patronage," said a representative.

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Matthews represented the local P-TA and was principal spokesman for the delegation. They presented a petition asking for shots for school children and a county nurse's assistance...

Tommy and Virginia Starke, grandchildren of Mrs. R.H. Obenhaus, have left for a trip to Maracibo, Venezuela, South America to join their parents, Mr. & Mrs. Robert Starke...

Among those honored after confirmation at Grace Lutheran Church were Henry Lloyd Kretschmar, Jo Ann Sens and Jerry Tallas...

Mrs. Johnnie Burns was honored with a Pink and Blue Shower by Mrs. A.P. Payne...

New names on the directors' roster of the Eagle Lake Retail Merchants Association are Earl Rodgers Sr., E.W. Estlinbaum, Ben McElhinney, Mrs. Gladys Gold, Lloyd Spalinger, R.P. Wilcox Jr., Joe L. McCreary and Albert Pustejovsky...

Mary Ellen Davidson and Jerry Kay set their wedding in Baptist Church.

Diabetes on the rise

The number of people diagnosed with Type 2 diabetes has skyrocketed, with more than 2,200 diagnosed with the disease each day.

A significant factor in the sharp rise is the increase in obese and sedentary adults in the U.S., said Elaine Garrett, M.P.H., R.D., a certified diabetes educator at Methodist Health Care System's Institute for Preventive Medicine.

"Being overweight is a tremendous risk factor in developing diabetes," she said, "Almost one-third of Americans are considered obese and one-half are considered overweight."

The more excessive pounds you carry the more insulin resistant your body becomes, she said. Uncontrolled diabetes can lead to serious complications, such as loss of vision and kidney function, nerve damage and a higher risk for heart disease. Those diagnosed with Type 2 diabetes can control their disease with diet, exercise and, if needed, medication to avoid such complications, she said.

Moderate weight loss alone often can control diabetes without the need for medications, she said. And exercising has been proven as an effective way to reduce the body's resistance to insulin.

"Think of your cells as having doors on them. When you gain weight, the doors have a harder time opening and letting the glucose in," Garrett said, "When you exercise, the doors are more likely to swing open."

Treatment for diabetes also can include pills and/or insulin.

Diabetes is the seventh leading cause of death in the United States and there is no cure for the disease. Diabetes is a disease in which the body does not produce or properly use insulin, a hormone that is needed to convert sugar, starches and other food into energy. Type 2 diabetes, a metabolic disorder, is by far more common than Type 1, an autoimmune disease most often occurring in children.

If you are diagnosed with diabetes, Garrett recommends attending a diabetes education class to learn how to properly control the chronic disease. Garrett said the patient is the most important member of the health care team treating the disease. Patients need to learn how to reduce their calories if they are overweight, spread out their daily carbohydrates intake and monitor their blood sugar levels at home.

"We know if people with diabetes control their disease, they can lower their risk of getting complications by as much as 70%," Garrett said.

Symptoms of diabetes include: excessive thirst, frequent urination, weight loss, fatigue and blurred vision.

Possible complications of diabetes include: loss of vision, loss of kidney function, nerve damage, circulation problems and a significant increased risk of heart disease.

Salinas honored for excellence

Ruben Salinas, son of Joe and Marcy Salinas of Eagle Lake and an operator at the Enron Clean Fuels Plant in Morgan's Point, was recently honored for excellence in his work.

Salinas is the only operator who has achieved the level of console operator on all units. In fact, he has been seen operating multiple screens at a console with a mouse in each

hand!

His team members recognize him as someone who will always pitch in and is available when a problem needs quick response.

Salinas, who lives in La Porte, is a graduate of Rice High School and South Texas State in San Marcos and a recipient of the M.A.Y.C. scholarship.

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Burn Injuries Related to Fireworks

Fireworks on July 4th is as American as apple pie. However, fireworks-related injuries can be serious, often causing burns to the head, face, eyes, hands, and fingers. The US Consumer Product Safety Commission estimates that approximately 7,000 persons were treated for fireworks-related burns in 1998. About a third of these injuries were caused by illegal or homemade fireworks.

Management of burn injuries involves closing the exposed skin wound and providing care that promotes healing. Antimicrobial creams are applied to decrease the risk of infection. One of the creams commonly used is silver sulfadiazine (SSD; Silvadene). Although it is the first cream used, bacterial resistance has become a problem in some communities. Mafenide acetate (Sulfamylon) kills more kinds of bacteria and can penetrate beneath burn scars to prevent/deeper infections. Oral antibiotics usually are not used because they can lead to the growth of resistant bacteria. The best treatment for a burned eye is to seek emergency care at a hospital or physicians's office. Physicians usually wash the eye with a sterile solution and apply an antibiotic ointment before bandaging.

Does That Slow Healing Wound Cramp Your Lifestyle?

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